



# THE 3<sup>RD</sup> ANNUAL RUNNIN' ROVER 5K RUN & WALK

- Presented by the Easton Area High School Class of 2012
- Proceeds will be split between the EAHS Class of 2012 and The Center for Animal Health & Welfare (formerly Northampton County SPCA)

**Saturday, November 15, 2008  
9:30 AM**

**Easton Area High School**

**Course:** Wheel-measured 5k cross-country course at EAHS

**Amenities:**

Refreshments  
Indoor facilities  
Registration and awards presentation in the cafeteria

Raffle  
Plenty of parking  
Professionally timed

*If you set a new course record, you will earn a cash prize and free entry in next year's race!*

*Men: Josh Hunter, 17:23.25*

*Women: Carla Lindenmuth, 18:53.78*

**Registration:**

Received by November 3: \$16 with long-sleeved shirt, \$10 without shirt

After November 3: \$20 with shirt, \$10 without shirt

Make checks payable to: EAHS Class of 2012

Mail to: Michelle Guth, Easton Area High School, 2601 William Penn Hwy., Easton, PA 18045

**Awards:**

Awards will be presented to the top three male and female overall runners and the top five runners in the following age groups for men and women:

13 and under	20-29	40-49	60 and over
14-19	30-39	50-59	

The walk will be noncompetitive.

**Directions:**

*From the east* – From Rt. 22 West take the 25<sup>th</sup> St. exit in Easton. Make a left at the light. Go straight through the next two lights. At the third light make a right. Drive to the upper lot for registration.

*From the west* – From Rt. 22 East take the 25<sup>th</sup> St. exit in Easton. Make a right at the light and another right at the next light. Drive to the upper lot for registration.

**Additional Information:** John Guth – (610) 570-7707 or Michelle Guth – guthm@eastonsd.org

**The 3<sup>rd</sup> Annual Runnin' Rover 5K Run & Walk Entry Form**

Name \_\_\_\_\_ Male \_\_\_ Female \_\_\_ Age on race day \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

Run \_\_\_ OR Walk \_\_\_ Shirt Size S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_

I know that participating in a race is a potentially hazardous activity. I should not enter unless I am medically able to participate. I also assume any and all risks associated with participating in this event, including but not limited to falls, contact with other participants, the effects of the weather, traffic and the condition of the roads. In consideration of accepting this entry, I hereby waive for myself and my heirs all rights and claims for damages I may have against Easton Area School District and all other sponsors, volunteers, their agents or representatives arising out of, or in the course of, my participation in The 3<sup>rd</sup> Annual Runnin' Rover 5K Run & Walk. I also give permission for the free use of my name and picture in any broadcast, telecast or print media account of this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian if under 18 \_\_\_\_\_ Date \_\_\_\_\_

